

Nudge Bar Fitting Instructions - Forester 97 - 02

- 1/ Remove the original Subaru plastic Nudge bar. There is two bolts at the top, located under plastic covers, and two underneath the bumper.
- 2/ Remove the pair of front tiedown/towing point brackets. The plastic inner guard near the tiedown/towing point brackets may need to be loosened to gain access to each brackets three bolts.
- 3/ Attach in place of the original tiedown/towing point brackets, the supplied Nudge bar steel mounting brackets and bolts, tighten bolts.
- 4/ Attach the Aluminium Nudge Bar to the Steel mounting brackets via supplied bolts, but do not tighten.
- 5/ Align the Nudge bar, as required, and tighten bolts.
- 6/ Fit the two supplied plastic plugs into the holes in the top of the bumper and screw in place.

Components

1 - Aluminium Nudge Bar	4 - M10 x 30mm bolts
2 - Steel mounting brackets	4 - M10 flat washers
2 - Blanking plugs	4 - M12 x 35mm bolts
2 - S/S screws	2 - M12 Nyloc nuts
1 - Fitting instruction	4 - M12 flat washers