

Nudge bar Fitting Instructions - Forester 03 on

- 1/ Remove the vehicles original plastic bumper cover.
- 2/ Remove original alloy bumper reinforcement bar.
- 3/ Attach the supplied steel mounting brackets to the back of the original alloy bumper reinforcement bar via the supplied M8 s/s cap screws and tighten.
- 4/ Using the original bolts, bolt the original alloy bumper reinforcement bar back onto the vehicle and tighten.

Note: on some models the foam bumper padding and/or plastic bumper cover may require slight trimming to clear nudge bar brackets.

5/ Carefully refit the original plastic bumper cover, it is best to place masking tape on bumper cover where the steel brackets protrude thru, to avoid scratching the bumper cover.

6/Fit Alloy Nudge bar to the vehicle and loosely bolt in place using the supplied M12 bolts, lock nuts & washers.

7/ Align as required and tighten bolts.

Components

- 1 Aluminium Nudge Bar
- 2 Powder Coated
 Steel mounting brackets
- 1 Fitting instruction
- 4 M12 Bolts
- 2 M12 Nyloc Nuts
- 4 M12 Washers
- 2 M8 s/s Cap screws