

Nudge bar Fitting Instructions - Forester-09-

NBSP-057

- 1/ Open bonnet.
- 2/ Remove the original plastic bumper cover and grill.
- 3/ Remove original alloy bumper reinforcement bar.
- 4/ Place the supplied steel mounting brackets between the reinforce ment bar and the front chassis. Refit the original bumper rein forcement bar using the original nuts and tighten.
- 5/ Carefully refit the original plastic bumper cover, it is best to place masking tape on bumper cover where the steel brackets pro trude
 - through, to avoid scratching the bumper cover.
- 6/ Fit Alloy bar to vehicle, loosely bolt in place using supplied 4 x M12 bolts, lock nuts & washers.
- 7/ Align as required and tighten bolts.

Components

- 1 Aluminium Bar
- 2 Steel mounting brackets
- 1 Fitting instruction
- 4 M12 Bolts
- 4 M12 Nyloc Nuts
- 4 M12 Washers