

**NUDGE BAR
FITTING INSTRUCTIONS
2019 FORESTER NUDGE BAR
NBSP-059**

1. Remove bar from car.
2. Unclip camera from bar.
3. Remove harness from car & place under headlight. (picture 1)
4. Strip clips from camera harness. (picture 2)
5. Slide harness through grille as shown in photo. (picture 3)
6. Remove foam absorber from reo.
7. Mount brackets on reos as shown in picture 4 using M6 & M8 nuts & bolts.
8. Cut absorber to fit back in. (Picture 5)
9. Refit bar, remember to plug camera harness in.
10. Mount nudge bar adjust & tighten.
11. Fit camera to mounting brackets.
12. Pic of mounting brackets. (Picture 6)

COMPONENTS

- 1 Nudgebar
- 2 Mounting brackets
- 2 Top plates
- 2 Bottom plates
- Fitting Instruction sheet
- 4xM12x35mm Bolts
- 8xM12 Washers
- 4xM12 Nyloc nuts
- 8xM8x35mm bolts
- 8xM8 Nyloc nuts
- 16xM8 Washers
- 2xM6x16mm Bolts
- 2xM6 Washers

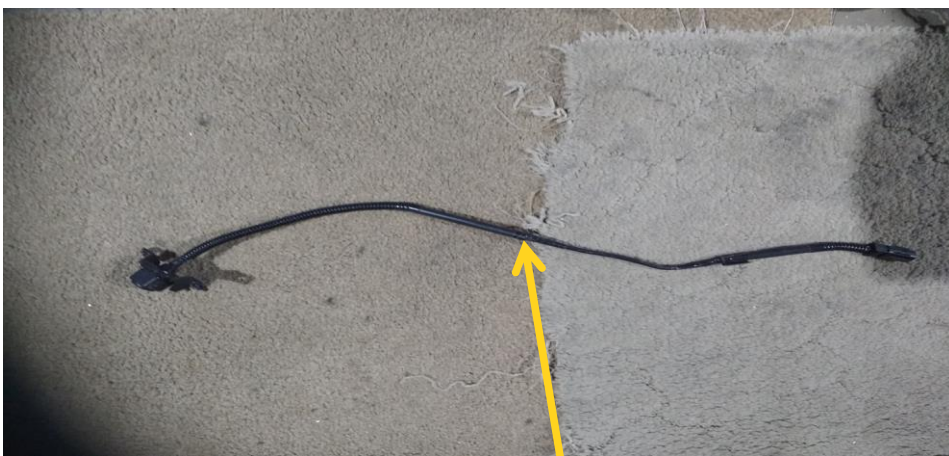
Fitting instructions:



Picture 1



Move to under headlight



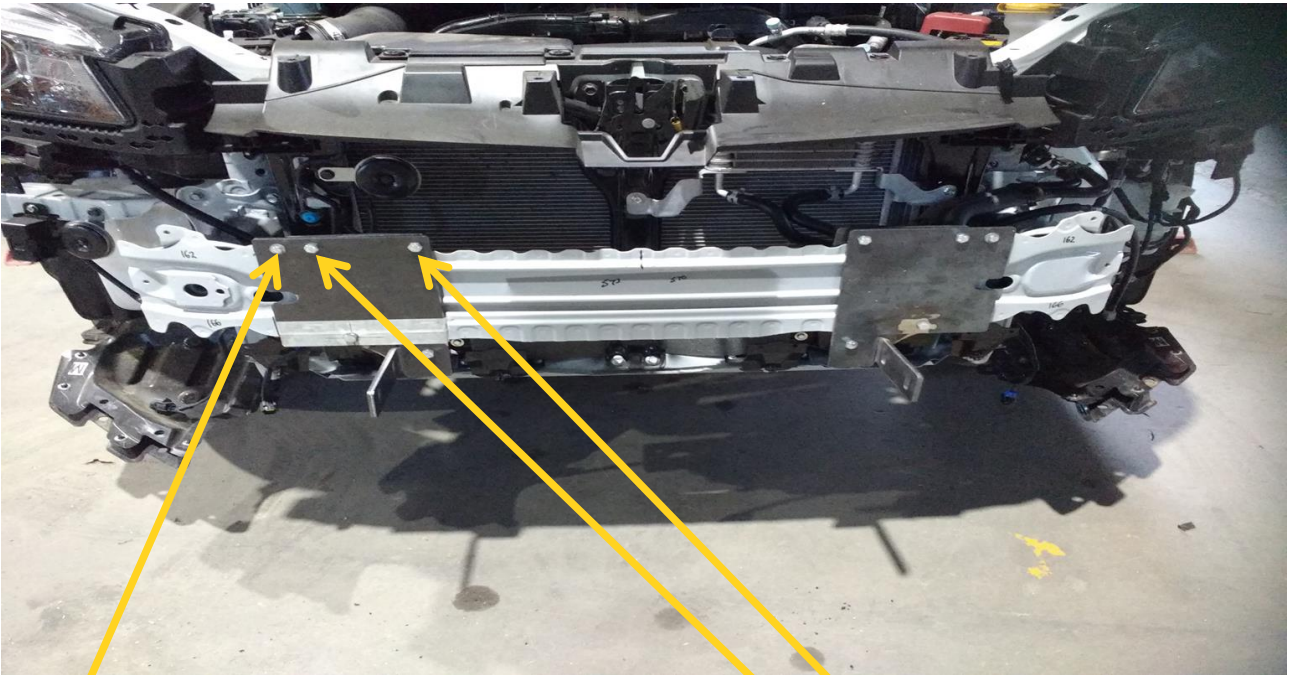
Picture 2

Remove clips from harness



Picture 3

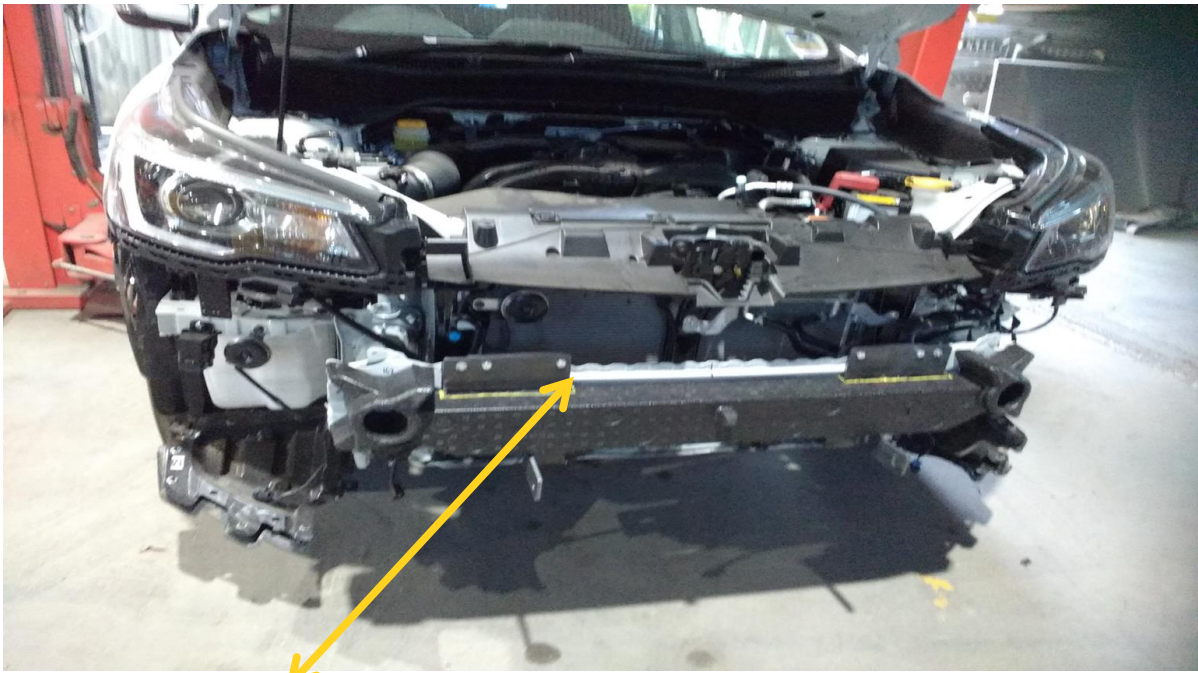
Slide camera harness into grille



Picture 4

M6 bolt for locating brackets

Using backing plates locate into position
loosley, slowly tighten until all bolts are tight



Picture 5

Trim foam absorber about 10mm deep

Picture 6.

