

Offroad Bullbar Fitting Instructions Forester MY09- MY12 OB-057

Note: This is a partial bumper replacement bullbar. The cars' plastic bumper must be cut laterally. See over for photograph.

See over for list of components.

1. Bumper cut:-

Template method:

With reference to the photo overleaf, cut out the enclosed bumper cutting template, tape the top edge to the top bumper profile and trace the bottom edge with a marker pen.

Stringline method:

With reference to the photo, measure the four points on each side of the plastic bumper. With string line and fine felt tip pen draw the cut line from one side to the other. This should pass through the top of the square number plate mount holes.

2. Remove previously marked original plastic bumper and original bumper reinforcement bar.

3. Vehicles with Factory fog lights: Remove fog light assemblies from plastic bumper and remove fog lights from their original plastic holders. Re-fit in new bar.

4. Vehicles with Factory Head light washers: Remove headlight washer external cap (lift up head light washer cap and disconnect retaining clip to remove it).

5. Accurately cut the plastic on the line. An air hacksaw or jigsaw work well for this. Protect paint work with masking tape.

6. Re-fit top portion of plastic bumper to car and replace washer caps if removed.

7. Fit supplied pinchweld to cut edge of plastic and trim the ends.

8. Trim bottom of washer bottle cover as shown in picture.

9. Attach the supplied steel mounting bar in place of the original bumper reinforcement bar using supplied M8 bolts.

10. Fit bullbar to vehicle & loosely bolt in place

using

M12 bolts, nyloc nuts and washers.

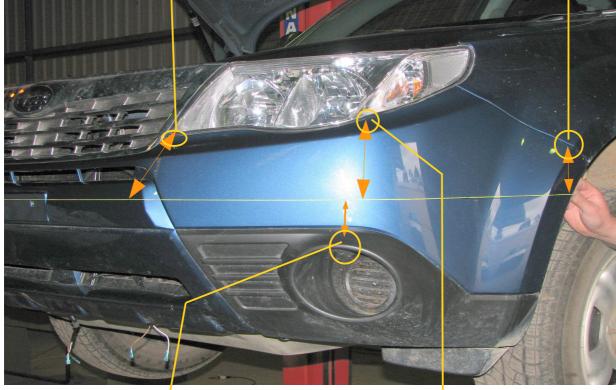
11. Align as required then tighten ALL BOLTS.

12. Tuck in splash panels and trim bottom as required.

13. Fit supplied black plastic inner guard panels with self drilling screws. Take care of screws damaging the washer bottle behind, and other components.

148mm from point of headlight

100mm from raised crease of mudguard rim



63mm from crease, above centre of fog light housing 165mm from lower inside point of indicator glass protrusion

Components List	
Components List	
1-Aluminium bullbar	1-Bumper cut template
1-Steel mounting bar	8-M8 x 35mm Bolts
1-Fitting Instructions	8-M8 Washers
6-M12 x 35mm Bolts	1-length pinch weld 2.6M
6-M12 Nyloc nuts	10-self drilling screws
6-M12 Washers	2-Inner guard panels