



**Fitting Instructions for
SK Forester 21-current
NB-0522**

Included parts:

1x Nudge bar	4x M12x35mm Bolts
2x Mounting brackets	8x M12 Washers
2x Top plates	4x M12 Nyloc nuts
2x Bottom plates	8x M8x30mm bolts
16x M8 Washers	8x M8 Nyloc nuts
2x M6x16mm Bolts	2x M6 Washers

1. Using a Clip removal tool or a flat head screwdriver, work your way around the front of the vehicle and remove all plastic clips and small bolts that are attaching the front bumper to the car and then Remove the bar from car.
2. Being careful as you do so Unclip camera from front factory bumper bar.
3. Remove the camera harness from car & move securing clip and place under headlight. (Picture 1) then Strip all clips from camera harness. (Picture 2)
4. Slide harness through grille as shown in photo. (Picture 3)
5. Remove foam absorber from reinforcement bar. Make sure to keep this absorber as it will need to be modified and refitted
6. Mount brackets provided onto factory reinforcement bar using M6 & M8 nuts & bolts. (Picture 3 and 4)
7. Cut absorber to fit back in. (Picture 5)
8. Refit factory bumper bar, remember to plug camera harness in.
9. Using the M12 Nuts washers and Nyloc nuts provided Mount nudge bar adjust & tighten.
10. Fit camera to mounting brackets.



Picture 1

Move plug to underside of radiator support

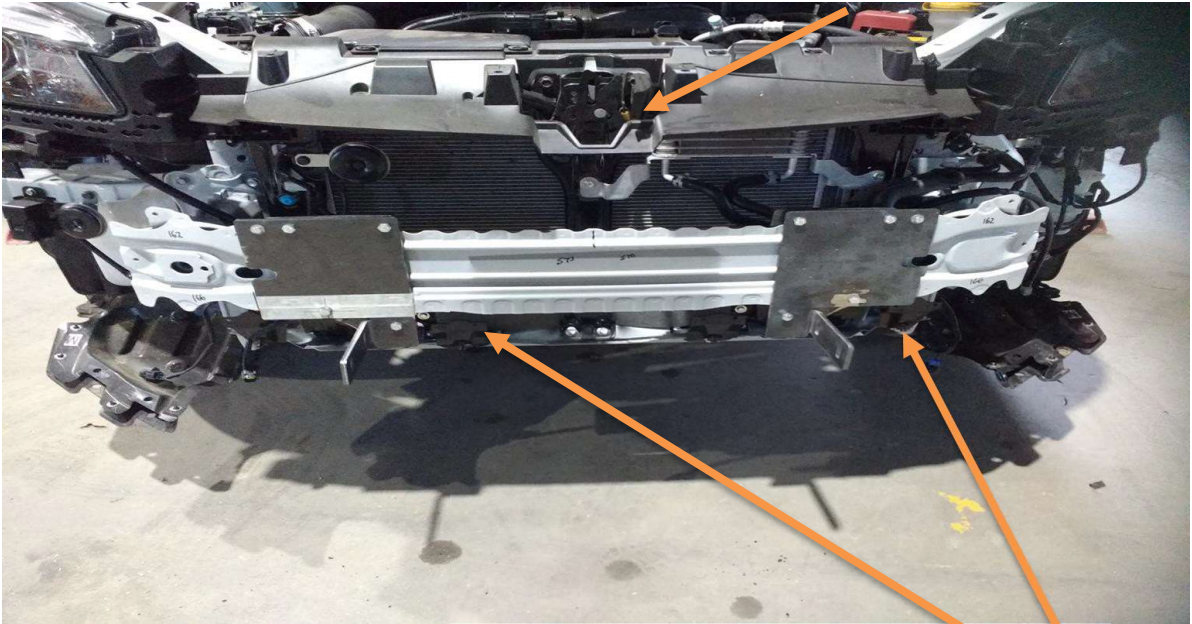


Picture 2

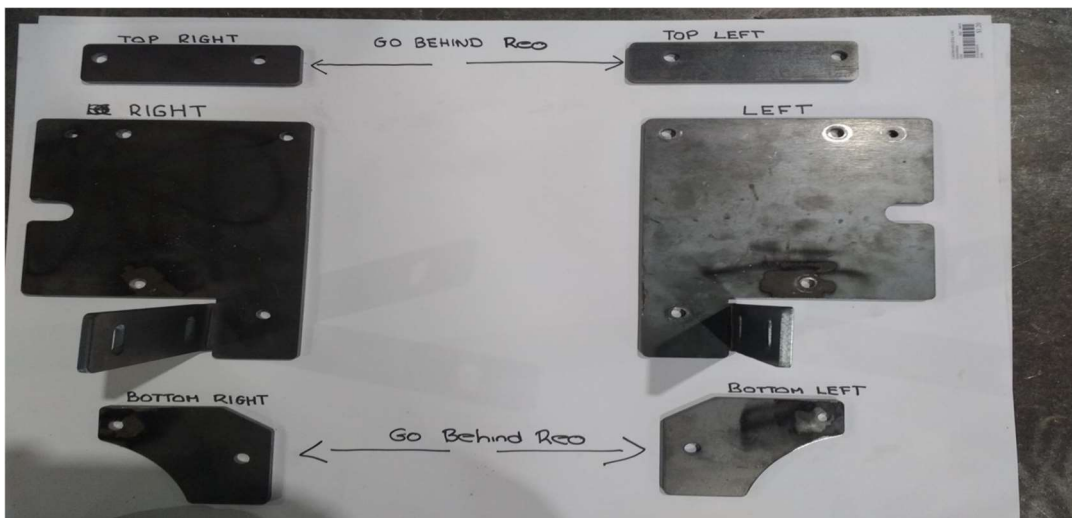
Remove all clips off camera harness

Picture 3

Feed camera harness through grille



Placing of steel mounting brackets



Picture 4



Picture 5

Cut foam padding to sit around steel mounting brackets

